

Live 5-2-1-0 Community Road Map Worksheet

This worksheet provides an opportunity for you to reflect on and plan your journey to becoming a Live 5-2-1-0 community. It is meant to serve as a tool to help guide you through the five-step process outlined in the Live 5-2-1-0 Community Road Map.

Under each of the five steps there are a series of statements. Based on the scale below, indicate which stage your community is currently at with a

- 1 – Unable to Answer:** We haven't even started thinking about this yet
- 2 – Exploring:** We're examining what we might want to do but no plans have been made
- 3 – Planning:** We're developing plans, securing resources and coordinating implementation
- 4 – Mobilizing:** We have done this/are currently doing this but it isn't always a consistent effort
- 5 – Achieving:** We do this consistently and are continually strategizing ways to improve

Under the ★ column, indicate with a if this is an area where you require additional support from SCOPE Central.

Community Name: _____ Date: _____

COMMUNITY ENGAGEMENT	1	2	3	4	5	★
We have committed partners from all different sectors at our table.						
We have a local backbone organization (i.e. individual, committee, or organization) that keeps everyone in the loop and on track.						
We have 'local champions' in different sectors who actively engage new partners and promote awareness of Live 5-2-1-0 in our community.						
We have developed a Community Action Plan that includes changes within existing programs as well as new initiatives framed within Live 5-2-1-0.						
We reach out and engage new partners across multiple sectors in our community to expand our reach.						
What are the most important next steps for our community engagement?						
ACTION TO SHARE LIVE 5-2-1-0	1	2	3	4	5	★
Local partners are, in their own way, sharing the Live 5-2-1-0 message (i.e. posters, handouts, ads, teaching the message in programs or presentations).						
We have an overall communications plan to guide our community's collective efforts to raise knowledge & awareness of the Live 5-2-1-0 message.						
What are the next steps to share Live 5-2-1-0 in our community?						

ACTION TO SUPPORT LIVE 5-2-1-0	1	2	3	4	5	★
Our partners assess their own existing practices, programs, policies, and environments and implement changes to make healthy choices easier (i.e. 'walking the walk').						
We have adapted/adopted and implemented existing Live 5-2-1-0 ideas from other communities to meet our local needs (i.e. Playboxes, Family Practice Toolkit).						
We have identified opportunities to implement unique new Live 5-2-1-0 initiatives in our community.						
What are the next steps for implementing supportive local action in our community?						
CONNECTING & COMMUNICATING	1	2	3	4	5	★
Our local partners communicate regularly with each other to stay up to date and collaborate on plans.						
We regularly communicate with SCOPE Central Office to access support, expertise, and guidance, and to share our progress.						
We participate in knowledge-sharing activities with other Live 5-2-1-0 communities (i.e. Live 5-2-1-0 Community Webinars, annual Retreat).						
What are the next steps for enhancing communication 1) within our own community? 2) outside our community?						
MEASURING IMPACT	1	2	3	4	5	★
We regularly collect and track community-level data on the process of partnership building and local action (i.e. using the Live 5-2-1-0 Partnership Tracking Tool or other)						
What are the next steps for measurement in your community?						